

Being a leader doesn't always mean being the boss or being in charge. The best leaders don't ask to be in charge, they set the example for what needs to be done, and other people tend to follow that example. Read the stories below, then choose the ending you think best shows good LEADERSHIP

Meadow has a group project for school. When she meets with her group, one of the other students starts telling everyone what they should do.

- A) Meadow tells the other student that they're not the boss of her, and that she (Meadow) is going to be the one in charge
- B) Meadow tells the teacher that the other student is being bossy.
- C) Meadow listens to the other student, asks questions about what she's supposed to do, and respectfully offers ideas about how the group can do a really great project



During recess, Erin is hanging out with her friends as they try to decide what game to play

- A) Every time one of her friends suggests a game, Erin says "nah, I don't feel like playing that"
- B) Erin says that they don't have to play the same game, then suggests that anyone who wants to play on the Big Toys come with her, cuz that's what she wants to do!
- C) Erin says "we'll go play on the Big Toys today!" and makes everyone play on the Big Toys with her



During soccer practice, Tiana's team is having a tough time working together, passing the ball, and deciding who should try to score a goal

- A) Tiana watches the field, and encourages her teammates with the ball, pointing out anyone who's open to pass the ball to, and celebrates with her team when they score a goal!
- B) Tiana takes charge, gets the ball, takes it down the field, scores the goal herself and says "See!? That's how it's done!"
- C) Tiana watches her team struggle, and after practice, tells her mom she doesn't want to play soccer anymore



As martial artists, many of the things we work on in karate (focus, respect, self-discipline, confidence) can help us be leaders. Sometimes, even when we're not trying to be a leader, the way that we act will make other people follow us. This is sometimes called "leading by example". What are some ways you can "lead by example" ...

...at home? _____

...at school? _____

...at karate? _____